

Menu Calendar Nutrient Analysis Report - January, 2022

Generated on: 1/3/2022 9:53:52 AM by Janette Freyre

Site: Central Elementary
Date: 01/01/2022 - 01/31/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)
K-12 Breakfast Program 21-22 W3D1 - ServingDate: 01/03/2022					
Cinnamon Chex - SR2336 (1 bowl)	25	116.82	0.25	0.00	173.04
Lucky Charms - SR2428 (1 bowl)	25	108.86	0.00	0.00	101.11
Cinnamon Creamy Cheese Mini Bagels - SR1162 (1 pkg.)	50	191.06	1.79	0.14	154.84
Double Chocolate Chip Muffin - SR1592 (1 muffin)	0	190.00	2.00	0.00	130.00
String Cheese - SR1146 (1 stick.)	0	80.00	3.50	0.00	190.00
Buttery Wheat Toast Side - OKR1160 (1 slice)	15	99.05	0.86	0.00	135.95
Mixed Fruit Cocktail - SR1037 (1/2 c.)	75	49.99	0.00	0.00	4.35
California Mixed Fruit Cup - SR2867 (1 Container)	0	51.59	0.00	0.00	6.03
100% Grape Juice - SR1607 (4 fl oz cup)	1	80.00	0.00	0.00	10.00
100% Orange Juice - SR1295 (4 fl oz cup)	50	60.00	0.00	0.00	0.00
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	1.50	0.00	130.00
White 1% Milk - OKR1061 (8 oz.)	50	107.58	1.61	0.00	112.96
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	130.00
K-12 Breakfast Program 21-22 W3D2 - ServingDate: 01/04/2022					
Bacon Scramble Breakfast Pizza - OKR1540 (1 slice)	35	210.00	4.00	0.00	340.00
Apple Pie Overnight Oats - SR1942 (10 Ounce serv)	25	239.82	0.92	0.00	68.01
Cinnamon Chex - SR2336 (1 bowl)	20	116.82	0.25	0.00	173.04
Lucky Charms - SR2428 (1 bowl)	20	108.86	0.00	0.00	101.11

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K-12 Breakfast Program 21-22 W3D2 - ServingDate: 01/04/2022					
String Cheese - SR1146 (1 stick.)	0	80.00	3.50	0.00	190.00
Buttery Wheat Toast Side - OKR1160 (1 slice)	15	99.05	0.86	0.00	135.95
Baked Cinnamon Raisin Apples - OKR1811 (3/8 c.)	50	116.45	0.76	0.00	89.13
Raisin Box - SR3104 (2 Box)	1	225.48	0.04	0.00	8.30
100% Grape Juice - SR1607 (4 fl oz cup)	1	80.00	0.00	0.00	10.00
100% Orange Juice - SR1295 (4 fl oz cup)	50	60.00	0.00	0.00	0.00
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	1.50	0.00	130.00
White 1% Milk - OKR1061 (8 oz.)	50	107.58	1.61	0.00	112.96
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	130.00
K-12 Breakfast Program 21-22 W3D3 - ServingDate: 01/05/2022					
Apple Pie Overnight Oats - SR1942 (10 Ounce serv)	20	239.82	0.92	0.00	68.01
Cinnamon Chex - SR2336 (1 bowl)	15	116.82	0.25	0.00	173.04
Lucky Charms - SR2428 (1 bowl)	15	108.86	0.00	0.00	101.11
French Toast Sticks - SR1910 (4 stick.)	50	254.56	1.96	0.00	293.72
String Cheese - SR1146 (1 stick.)	0	80.00	3.50	0.00	190.00
Buttery Wheat Toast Side - OKR1160 (1 slice)	15	99.05	0.86	0.00	135.95
Banana - SR1166 (1 medium (7"))	50	105.02	0.13	0.00	1.18
Orange Smiles - SR1172 (6 slice or w)	1	45.12	0.01	0.00	0.00
100% Apple Juice - SR2547 (4 fl oz cup)	50	60.00	0.00	0.00	5.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)
K-12 Breakfast Program 21-22 W3D3 - ServingDate: 01/05/2022					
100% Grape Juice - SR1607 (4 fl oz cup)	1	80.00	0.00	0.00	10.00
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	1.50	0.00	130.00
White 1% Milk - OKR1061 (8 oz.)	50	107.58	1.61	0.00	112.96
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	130.00
Breakfast Syrup Cup - SR2498 (1 Container)	50	110.00	0.00	0.00(M)	20.00
K-12 Breakfast Program 21-22 W3D4 - ServingDate: 01/06/2022					
Cinnamon Chex - SR2336 (1 bowl)	20	116.82	0.25	0.00	173.04
Lucky Charms - SR2428 (1 bowl)	20	108.86	0.00	0.00	101.11
Peachen N' Cream Overnight Oats - SR1943 (10 Ounce serv)	20	187.49	0.90	0.00	65.52
String Cheese - SR1146 (1 stick.)	0	80.00	3.50	0.00	190.00
Biscuit & Sausage Gravy - OKR1171 (1 ea.)	0	254.72	6.66	0.14	511.12
Biscuit - OKR1891 (1 biscuit)	40	213.50	4.62	0.14	330.36
Buttery Wheat Toast Side - OKR1160 (1 slice)	15	99.05	0.86	0.00	135.95
Diced Peaches - SR1196 (1/2 c.)	1	77.87	0.00	0.00	7.08
Diced Peach Cups - OKR1792 (1 Container)	50	50.64	0.00	0.00	6.12
100% Apple Juice - SR2547 (4 fl oz cup)	50	60.00	0.00	0.00	5.00
100% Grape Juice - SR1607 (4 fl oz cup)	1	80.00	0.00	0.00	10.00
Tater Tot Hash - SR1848 (1/2 c.)	40	125.55	1.10	0.00	346.85
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	1.50	0.00	130.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)
K-12 Breakfast Program 21-22 W3D4 - ServingDate: 01/06/2022					
White 1% Milk - OKR1061 (8 oz.)	50	107.58	1.61	0.00	112.96
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	130.00
Grape Jelly - SR2340 (1 tbsp.)	40	50.00	0.01	0.01	7.14
K-12 Breakfast Program 21-22 W3D5 - ServingDate: 01/07/2022					
Blueberry Bash Mini Waffle Bites - OKR1542 (1 pkg.)	40	190.20	0.77	0.07	154.75
Cinnamon Chex - SR2336 (1 bowl)	20	116.82	0.25	0.00	173.04
Lucky Charms - SR2428 (1 bowl)	20	108.86	0.00	0.00	101.11
Peachen N' Cream Overnight Oats - SR1943 (10 Ounce serv)	20	187.49	0.90	0.00	65.52
String Cheese - SR1146 (1 stick.)	40	80.00	3.50	0.00	190.00
Buttery Wheat Toast Side - OKR1160 (1 slice)	15	99.05	0.86	0.00	135.95
Unsweetened Applesauce - SR1195 (1/2 c.)	1	53.71	0.01	0.00	2.56
Unsweetened Applesauce - SR2848 (1 Container)	50	60.00	0.00	0.00	15.00
100% Grape Juice - SR1607 (4 fl oz cup)	1	80.00	0.00	0.00	10.00
100% Orange Juice - SR1295 (4 fl oz cup)	50	60.00	0.00	0.00	0.00
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	1.50	0.00	130.00
White 1% Milk - OKR1061 (8 oz.)	50	107.58	1.61	0.00	112.96
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	130.00
Breakfast Syrup Cup - SR2498 (1 Container)	40	110.00	0.00	0.00(M)	20.00

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K-12 Breakfast Program 21-22 W4D1 - ServingDate: 01/10/2022					
Honey Nut Cheerios Cereal - SR1361 (1 bowl)	20	112.95	0.31	0.00	158.31
Froot Loops - SR2427 (1 bowl)	20	110.00	0.50	0.00	160.00
Strawberry Fields Parfait - SR1386 (1 parfait)	0	307.22 (M)	0.80(M)	0.02(M)	120.79 (M)
Frosted Strawberry Pop-Tart - SR1465 (1 pkg.)	15	180.00	1.00	0.00	190.00
Oatmeal Chocolate Chip UBR - SR1173 (1 pkg.)	30	270.00	3.00	0.00	180.00
String Cheese - SR1146 (1 stick.)	40	80.00	3.50	0.00	190.00
Buttery Wheat Toast Side - OKR1160 (1 slice)	15	99.05	0.86	0.00	135.95
Raisin Box - SR3104 (2 Box)	50	225.48	0.04	0.00	8.30
100% Apple Juice - SR2547 (4 fl oz cup)	30	60.00	0.00	0.00	5.00
100% Grape Juice - SR1607 (4 fl oz cup)	30	80.00	0.00	0.00	10.00
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	1.50	0.00	130.00
White 1% Milk - OKR1061 (8 oz.)	50	107.58	1.61	0.00	112.96
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	130.00
K-12 Breakfast Program 21-22 W4D2 - ServingDate: 01/11/2022					
Honey Nut Cheerios Cereal - SR1361 (1 bowl)	20	112.95	0.31	0.00	158.31
Froot Loops - SR2427 (1 bowl)	20	110.00	0.50	0.00	160.00
Buttermilk Pancakes - SR2010 (2 pancake)	35	160.00	0.33	0.00	406.67
Strawberry Fields Parfait - SR1386 (1 parfait)	0	307.22 (M)	0.80(M)	0.02(M)	120.79 (M)

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K-12 Breakfast Program 21-22 W4D2 - ServingDate: 01/11/2022					
String Cheese - SR1146 (1 stick.)	0	80.00	3.50	0.00	190.00
Buttery Wheat Toast Side - OKR1160 (1 slice)	15	99.05	0.86	0.00	135.95
Mixed Fruit Cocktail - SR1037 (1/2 c.)	1	49.99	0.00	0.00	4.35
California Mixed Fruit Cup - SR2867 (1 Container)	50	51.59	0.00	0.00	6.03
100% Apple Juice - SR2547 (4 fl oz cup)	1	60.00	0.00	0.00	5.00
100% Orange Juice - SR1295 (4 fl oz cup)	50	60.00	0.00	0.00	0.00
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	1.50	0.00	130.00
White 1% Milk - OKR1061 (8 oz.)	50	107.58	1.61	0.00	112.96
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	130.00
Breakfast Syrup Cup - SR2498 (1 Container)	11	110.00	0.00	0.00(M)	20.00
K-12 Breakfast Program 21-22 W4D3 - ServingDate: 01/12/2022					
Honey Nut Cheerios Cereal - SR1361 (1 bowl)	10	112.95	0.31	0.00	158.31
Froot Loops - SR2427 (1 bowl)	10	110.00	0.50	0.00	160.00
Strawberry Fields Parfait - SR1386 (1 parfait)	0	307.22 (M)	0.80(M)	0.02(M)	120.79 (M)
Frosted Strawberry Pop-Tart - SR1465 (1 pkg.)	20	180.00	1.00	0.00	190.00
String Cheese - SR1146 (1 stick.)	0	80.00	3.50	0.00	190.00
Biscuit & Sausage Gravy - OKR1171 (1 ea.)	35	254.72	6.66	0.14	511.12
Biscuit - OKR1891 (1 biscuit)	35	213.50	4.62	0.14	330.36

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K-12 Breakfast Program 21-22 W4D3 - ServingDate: 01/12/2022					
Buttery Wheat Toast Side - OKR1160 (1 slice)	11	99.05	0.86	0.00	135.95
Banana - SR1166 (1 medium (7"))	50	105.02	0.13	0.00	1.18
Orange Smiles - SR1172 (6 slice or w)	1	45.12	0.01	0.00	0.00
100% Apple Juice - SR2547 (4 fl oz cup)	1	60.00	0.00	0.00	5.00
100% Orange Juice - SR1295 (4 fl oz cup)	50	60.00	0.00	0.00	0.00
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	1.50	0.00	130.00
White 1% Milk - OKR1061 (8 oz.)	50	107.58	1.61	0.00	112.96
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	130.00
K-12 Breakfast Program 21-22 W4D4 - ServingDate: 01/13/2022					
Breakfast Burrito, 8-inch scrambled eggs - OKR1847 (1 burrito)	35	269.37	2.88	0.00	424.58
Honey Nut Cheerios Cereal - SR1361 (1 bowl)	10	112.95	0.31	0.00	158.31
Froot Loops - SR2427 (1 bowl)	10	110.00	0.50	0.00	160.00
Just Peachy Parfait - SR1503 (1 parfait)	0	262.69 (M)	0.78(M)	0.02(M)	123.88 (M)
Frosted Strawberry Pop-Tart - SR1465 (1 pkg.)	20	180.00	1.00	0.00	190.00
String Cheese - SR1146 (1 stick.)	0	80.00	3.50	0.00	190.00
Buttery Wheat Toast Side - OKR1160 (1 slice)	11	99.05	0.86	0.00	135.95
Diced Bartlett Pears - SR1194 (1/2 c.)	1	59.31	0.00	0.00	4.75
Diced Pears - SR2866 (1 Container)	61	54.44	0.00	0.00	4.54
100% Apple Juice - SR2547 (4 fl oz cup)	1	60.00	0.00	0.00	5.00

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K-12 Breakfast Program 21-22 W4D4 - ServingDate: 01/13/2022					
100% Orange Juice - SR1295 (4 fl oz cup)	50	60.00	0.00	0.00	0.00
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	1.50	0.00	130.00
White 1% Milk - OKR1061 (8 oz.)	50	107.58	1.61	0.00	112.96
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	130.00
K-12 Breakfast Program 21-22 W4D5 - ServingDate: 01/14/2022					
Sausage Breakfast Pizza - SR1167 (1 slice)	45	210.03	2.00	0.00	350.06
Honey Nut Cheerios Cereal - SR1361 (1 bowl)	10	112.95	0.31	0.00	158.31
Froot Loops - SR2427 (1 bowl)	10	110.00	0.50	0.00	160.00
Just Peachy Parfait - SR1503 (1 parfait)	0	262.69 (M)	0.78(M)	0.02(M)	123.88 (M)
Frosted Strawberry Pop-Tart - SR1465 (1 pkg.)	15	180.00	1.00	0.00	190.00
String Cheese - SR1146 (1 stick.)	0	80.00	3.50	0.00	190.00
Buttery Wheat Toast Side - OKR1160 (1 slice)	11	99.05	0.86	0.00	135.95
Small Apples - OKR1780 (1 small (2-3))	50	77.48	0.04	0.00	1.49
Orange Smiles - SR1172 (6 slice or w)	1	45.12	0.01	0.00	0.00
100% Apple Juice - SR2547 (4 fl oz cup)	1	60.00	0.00	0.00	5.00
100% Grape Juice - SR1607 (4 fl oz cup)	50	80.00	0.00	0.00	10.00
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	1.50	0.00	130.00
White 1% Milk - OKR1061 (8 oz.)	50	107.58	1.61	0.00	112.96
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	130.00

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K-12 Breakfast Program 21-22 W5D2 - ServingDate: 01/18/2022					
Soft Wheat Bagel - SR1168 (1 bagel)	25	180.00	0.00	0.00	200.00
Multigrain Frosted Flakes Cereal - SR1185 (1 bowl)	15	100.00	0.00	0.00	160.00
Trix Cereal reduced sugar - SR1184 (1 bowl)	15	113.29	0.25	0.00	140.00
Blueberry Muffin - SR1454 (1 muffin)	45	190.00	2.00	0.00	130.00
String Cheese - SR1146 (1 stick.)	0	80.00	3.50	0.00	190.00
Buttery Wheat Toast Side - OKR1160 (1 slice)	11	99.05	0.86	0.00	135.95
Diced Peaches - SR1196 (1/2 c.)	1	77.87	0.00	0.00	7.08
Diced Peach Cups - OKR1792 (1 Container)	50	50.64	0.00	0.00	6.12
100% Apple Juice - SR2547 (2 fl oz cup)	11	30.00	0.00	0.00	2.50
100% Grape Juice - SR1607 (4 fl oz cup)	50	80.00	0.00	0.00	10.00
100% Orange Juice - SR1295 (4 fl oz cup)	1	60.00	0.00	0.00	0.00
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	1.50	0.00	130.00
White 1% Milk - OKR1061 (8 oz.)	50	107.58	1.61	0.00	112.96
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	130.00
Original Cream Cheese Cup - OKR1229 (1 Container)	0	70.00	4.00	0.00	115.00
K-12 Breakfast Program 21-22 W5D3 - ServingDate: 01/19/2022					
Multigrain Frosted Flakes Cereal - SR1185 (1 bowl)	15	100.00	0.00	0.00	160.00
Trix Cereal reduced sugar - SR1184 (1 bowl)	15	113.29	0.25	0.00	140.00

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K-12 Breakfast Program 21-22 W5D3 - ServingDate: 01/19/2022					
French Toast Sticks - SR1910 (4 stick.)	45	254.56	1.96	0.00	293.72
Fruit & Yogurt Smoothie - SR2974 (1 Smoothie)	25	0.00(M)	0.00(M)	0.00(M)	0.00(M)
String Cheese - SR1146 (1 stick.)	0	80.00	3.50	0.00	190.00
Strawberry Yogurt - SR2433 (1/2 c.)	25	98.26	0.45	0.00	56.10
Buttery Wheat Toast Side - OKR1160 (1 slice)	11	99.05	0.86	0.00	135.95
Original Graham Crackers - SR1163 (1 pkg.)	25	90.00	0.00	0.00	100.00
Small Apples - OKR1780 (1 small (2-3))	50	77.48	0.04	0.00	1.49
Unsweetened Applesauce - SR1195 (1/4 c.)	11	26.85	0.01	0.00	1.28
Orange Smiles - SR1172 (6 slice or w)	1	45.12	0.01	0.00	0.00
100% Apple Juice - SR2547 (2 fl oz cup)	11	30.00	0.00	0.00	2.50
100% Grape Juice - SR1607 (4 fl oz cup)	1	80.00	0.00	0.00	10.00
100% Orange Juice - SR1295 (4 fl oz cup)	50	60.00	0.00	0.00	0.00
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	1.50	0.00	130.00
White 1% Milk - OKR1061 (8 oz.)	50	107.58	1.61	0.00	112.96
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	130.00
Breakfast Syrup Cup - SR2498 (1 Container)	45	110.00	0.00	0.00(M)	20.00
K-12 Breakfast Program 21-22 W5D4 - ServingDate: 01/20/2022					
Multigrain Frosted Flakes Cereal - SR1185 (1 bowl)	20	100.00	0.00	0.00	160.00

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K-12 Breakfast Program 21-22 W5D4 - ServingDate: 01/20/2022					
Trix Cereal reduced sugar - SR1184 (1 bowl)	20	113.29	0.25	0.00	140.00
Fruit & Yogurt Smoothie - SR2974 (1 Smoothie)	30	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Pureed Bananas - SR2975 (1/4 c.)	30	49.63	0.06	0.00	0.56
Original Graham Crackers - SR1163 (1 pkg.)	30	90.00	0.00	0.00	100.00
Honey Glazed Chicken Biscuit - OKR1893 (1 sandwich)	30	373.91	5.62	0.14	507.21
100% Apple Juice - SR2547 (2 fl oz cup)	30	30.00	0.00	0.00	2.50
Strawberry Yogurt - SR2433 (1/2 c.)	30	98.26	0.45	0.00	56.10
String Cheese - SR1146 (1 stick.)	0	80.00	3.50	0.00	190.00
Buttery Wheat Toast Side - OKR1160 (1 slice)	11	99.05	0.86	0.00	135.95
Banana - SR1166 (1 medium (7"))	50	105.02	0.13	0.00	1.18
Orange Smiles - SR1172 (6 slice or w)	1	45.12	0.01	0.00	0.00
100% Grape Juice - SR1607 (4 fl oz cup)	1	80.00	0.00	0.00	10.00
100% Orange Juice - SR1295 (4 fl oz cup)	50	60.00	0.00	0.00	0.00
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	1.50	0.00	130.00
White 1% Milk - OKR1061 (8 oz.)	50	107.58	1.61	0.00	112.96
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	130.00
K-12 Breakfast Program 21-22 W5D5 - ServingDate: 01/21/2022					
Soft-Filled Cinnamon Toast Crunch Breakfast Bar - SR2822 (1 pkg.)	35	204.07	1.85	0.13	231.07

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Site: Central Elementary
Date: 01/01/2022 - 01/31/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)
K-12 Breakfast Program 21-22 W5D5 - ServingDate: 01/21/2022					
Multigrain Frosted Flakes Cereal - SR1185 (1 bowl)	20	100.00	0.00	0.00	160.00
Trix Cereal reduced sugar - SR1184 (1 bowl)	20	113.29	0.25	0.00	140.00
Fruit & Yogurt Smoothie - SR2974 (1 Smoothie)	25	0.00(M)	0.00(M)	0.00(M)	0.00(M)
String Cheese - SR1146 (1 stick.)	0	80.00	3.50	0.00	190.00
Strawberry Yogurt - SR2433 (1/2 c.)	25	98.26	0.45	0.00	56.10
Buttery Wheat Toast Side - OKR1160 (1 slice)	15	99.05	0.86	0.00	135.95
Original Graham Crackers - SR1163 (1 pkg.)	25	90.00	0.00	0.00	100.00
Pureed Bananas - SR2975 (1/4 c.)	25	49.63	0.06	0.00	0.56
Mixed Fruit Cocktail - SR1037 (1/2 c.)	50	49.99	0.00	0.00	4.35
Raisin Box - SR3104 (2 Box)	1	225.48	0.04	0.00	8.30
100% Apple Juice - SR2547 (2 fl oz cup)	56	30.00	0.00	0.00	2.50
100% Grape Juice - SR1607 (4 fl oz cup)	1	80.00	0.00	0.00	10.00
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	1.50	0.00	130.00
White 1% Milk - OKR1061 (8 oz.)	50	107.58	1.61	0.00	112.96
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	130.00
K-12 Breakfast Program 21-22 W1D1 - ServingDate: 01/24/2022					
American Breakfast Sandwich - SR1745 (1 sandwich)	35	245.00	3.88	0.00	910.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	20	110.00	0.50	0.00	160.00

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K-12 Breakfast Program 21-22 W1D1 - ServingDate: 01/24/2022					
Lucky Charms - SR2428 (1 bowl)	20	108.86	0.00	0.00	101.11
Blueberry Patch Parfait - SR1384 (1 parfait)	0	224.23 (M)	0.78(M)	0.02(M)	117.78 (M)
String Cheese - SR1146 (1 stick.)	0	80.00	3.50	0.00	190.00
Buttery Wheat Toast Side - OKR1160 (1 slice)	15	99.05	0.86	0.00	135.95
Raisin Box - SR3104 (2 Box)	1	225.48	0.04	0.00	8.30
100% Apple Juice - SR2547 (4 fl oz cup)	50	60.00	0.00	0.00	5.00
100% Grape Juice - SR1607 (4 fl oz cup)	50	80.00	0.00	0.00	10.00
Chocolate1% Milk - OKR1062 (8 oz.)	65	130.00	1.50	0.00	130.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	1.61	0.00	112.96
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	130.00
K-12 Breakfast Program 21-22 W1D2 - ServingDate: 01/25/2022					
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	20	110.00	0.50	0.00	160.00
Lucky Charms - SR2428 (1 bowl)	20	108.86	0.00	0.00	101.11
Buttermilk Pancakes - SR2010 (2 pancake)	35	160.00	0.33	0.00	406.67
Just Peachy Parfait - SR1503 (1 parfait)	0	262.69 (M)	0.78(M)	0.02(M)	123.88 (M)
String Cheese - SR1146 (1 stick.)	0	80.00	3.50	0.00	190.00
Buttery Wheat Toast Side - OKR1160 (1 slice)	20	99.05	0.86	0.00	135.95
Diced Peaches - SR1196 (1/2 c.)	25	77.87	0.00	0.00	7.08
Diced Peach Cups - OKR1792 (1 Container)	75	50.64	0.00	0.00	6.12

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K-12 Breakfast Program 21-22 W1D2 - ServingDate: 01/25/2022					
100% Grape Juice - SR1607 (4 fl oz cup)	100	80.00	0.00	0.00	10.00
100% Orange Juice - SR1295 (4 fl oz cup)	10	60.00	0.00	0.00	0.00
Chocolate1% Milk - OKR1062 (8 oz.)	65	130.00	1.50	0.00	130.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	1.61	0.00	112.96
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	130.00
Breakfast Syrup Cup - SR2498 (1 Container)	35	110.00	0.00	0.00(M)	20.00
K-12 Breakfast Program 21-22 W1D3 - ServingDate: 01/26/2022					
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	20	110.00	0.50	0.00	160.00
Lucky Charms - SR2428 (1 bowl)	20	108.86	0.00	0.00	101.11
Just Peachy Parfait - SR1503 (1 parfait)	0	262.69 (M)	0.78(M)	0.02(M)	123.88 (M)
Oatmeal Chocolate Chip UBR - SR1173 (1 pkg.)	35	270.00	3.00	0.00	180.00
String Cheese - SR1146 (1 stick.)	0	80.00	3.50	0.00	190.00
Buttery Wheat Toast Side - OKR1160 (1 slice)	20	99.05	0.86	0.00	135.95
Banana - SR1166 (1 medium (7"))	10	105.02	0.13	0.00	1.18
Orange Smiles - SR1172 (6 slice or w)	1	45.12	0.01	0.00	0.00
Diced Peaches - SR1196 (1/2 c.)	25	77.87	0.00	0.00	7.08
Diced Peach Cups - OKR1792 (1 Container)	1	50.64	0.00	0.00	6.12
100% Apple Juice - SR2547 (4 fl oz cup)	50	60.00	0.00	0.00	5.00
100% Grape Juice - SR1607 (4 fl oz cup)	50	80.00	0.00	0.00	10.00

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K-12 Breakfast Program 21-22 W1D3 - ServingDate: 01/26/2022					
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	1.50	0.00	130.00
White 1% Milk - OKR1061 (8 oz.)	50	107.58	1.61	0.00	112.96
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	130.00
K-12 Breakfast Program 21-22 W1D4 - ServingDate: 01/27/2022					
Egg & Cheese Breakfast Taco Roll - SR3011 (1 taco)	35	140.00	1.50	0.00	420.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	20	110.00	0.50	0.00	160.00
Lucky Charms - SR2428 (1 bowl)	20	108.86	0.00	0.00	101.11
Blueberry Patch Parfait - SR1384 (1 parfait)	0	224.23 (M)	0.78(M)	0.02(M)	117.78 (M)
Yogurt & Fruit Parfait - SR2946 (1 parfait)	25	(M)	(M)	(M)	(M)
String Cheese - SR1146 (1 stick.)	0	80.00	3.50	0.00	190.00
Buttery Wheat Toast Side - OKR1160 (1 slice)	20	99.05	0.86	0.00	135.95
Orange Smiles - SR1172 (6 slice or w)	1	45.12	0.01	0.00	0.00
100% Grape Juice - SR1607 (4 fl oz cup)	100	80.00	0.00	0.00	10.00
100% Orange Juice - SR1295 (4 fl oz cup)	10	60.00	0.00	0.00	0.00
Chocolate1% Milk - OKR1062 (8 oz.)	65	130.00	1.50	0.00	130.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	1.61	0.00	112.96
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	130.00

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K-12 Breakfast Program 21-22 W1D5 - ServingDate: 01/28/2022					
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	20	110.00	0.50	0.00	160.00
Lucky Charms - SR2428 (1 bowl)	20	108.86	0.00	0.00	101.11
Cinnamon Roll - OKR1273 (1 roll.)	35	205.34	0.50	0.00	135.15
Blueberry Patch Parfait - SR1384 (1 parfait)	0	224.23 (M)	0.78(M)	0.02(M)	117.78 (M)
String Cheese - SR1146 (1 stick.)	0	80.00	3.50	0.00	190.00
Buttery Wheat Toast Side - OKR1160 (1 slice)	20	99.05	0.86	0.00	135.95
Unsweetened Applesauce - SR1195 (1/2 c.)	1	53.71	0.01	0.00	2.56
Unsweetened Applesauce - SR2848 (1 Container)	75	60.00	0.00	0.00	15.00
Blueberries - SR2219 (1/2 c.)	25	39.41	0.00	0.00	0.98
100% Grape Juice - SR1607 (4 fl oz cup)	90	80.00	0.00	0.00	10.00
100% Orange Juice - SR1295 (4 fl oz cup)	10	60.00	0.00	0.00	0.00
Chocolate1% Milk - OKR1062 (8 oz.)	65	130.00	1.50	0.00	130.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	1.61	0.00	112.96
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	130.00
K-12 Breakfast Program 21-22 W2D1 - ServingDate: 01/31/2022					
Cocoa Puffs Cereal - SR1170 (1 bowl)	20	110.00	0.00	0.00	120.00
Froot Loops - SR2427 (1 bowl)	20	110.00	0.50	0.00	160.00
Confetti Pancake Bites - SR2512 (1 pkg.)	35	220.00	1.00	0.00	300.00
Fruit & Yogurt Smoothie - SR2974 (1 Smoothie)	25	0.00(M)	0.00(M)	0.00(M)	0.00(M)

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K-12 Breakfast Program 21-22 W2D1 - ServingDate: 01/31/2022					
String Cheese - SR1146 (1 stick.)	0	80.00	3.50	0.00	190.00
Vanilla Yogurt - SR2612 (1/2 c.)	25	99.17	0.45	0.00	51.57
Buttery Wheat Toast Side - OKR1160 (1 slice)	11	99.05	0.86	0.00	135.95
Original Graham Crackers - SR1163 (1 pkg.)	25	90.00	0.00	0.00	100.00
Diced Bartlett Pears - SR1194 (1/2 c.)	1	59.31	0.00	0.00	4.75
Diced Pears - SR2866 (1 Container)	50	54.44	0.00	0.00	4.54
100% Grape Juice - SR1607 (4 fl oz cup)	25	80.00	0.00	0.00	10.00
100% Orange Juice - SR1295 (4 fl oz cup)	50	60.00	0.00	0.00	0.00
Chocolate 1% Milk - OKR1062 (8 oz.)	50	130.00	1.50	0.00	130.00
White 1% Milk - OKR1061 (8 oz.)	50	107.58	1.61	0.00	112.96
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	130.00
Breakfast Syrup Cup - SR2498 (1 Container)	11	110.00	0.00	0.00(M)	20.00

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Breakfast
 Site Group: The Clubhouse
 Menu Line: B-Café Classics
 Serving Group: K-12
 Nutrients Option: Simplified

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.